



Transportation from California Medical Facility and CSP-Sacramento

Directions to the Bay Area, Central California (Sacramento to Bakersfield), and Southern California (LA and San Diego)

Updated: 6.5.15

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Getting home from California Medical Facility and CSP-Sac can be difficult and expensive, and you may have no more than \$200 to pay for the return trip. This guide is intended to provide information on transportation options from California Medical Facility and CSP-Sac.

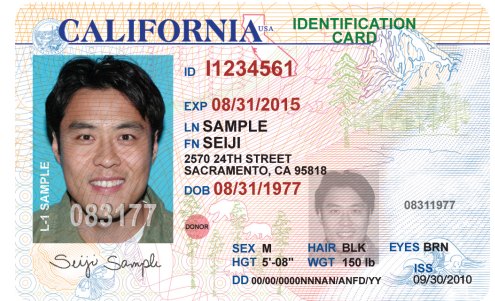
LEAVING PRISON - CALIFORNIA MEDICAL FACILITY and CSP-Sacramento:

Because CMF is a medical institution, only about one third of its prisoners are released to the bus station. According to the administration, they arrange transportation as far as necessary for individuals with a medical need. For those without medical needs prohibiting the use of public transportation, on the day of your release, you will be taken to Receiving and Release, where you will be provided clothing, identification, and gate money. The procedure in Folsom is very similar.

Clothing: The prison will provide you clothes for your release. There are some clothes that have been donated, and you also may purchase clothes from PIA using your gate money.

If someone has sent dressouts, they will be waiting for you at Receiving and Release. An individual must send the items thirty days prior to your release, write “dressouts” as well as the person they are being delivered to.

Identification: You may keep your CDCR-issued identification, and this will likely be the only identification available. However, recent legislation has required CDCR and DMV to supply individuals leaving prison with identification. Starting January 1st, 2015, AB 2308 requires the California Department of Corrections and Rehabilitation and the Department of Motor Vehicles to ensure that inmates released from state prisons have valid identification cards (pictured right).



If you are leaving prison, and you meet all the following requirements:

1. Previously held a CA driver’s license or ID card.
2. Have a usable photo on file with the DMV that is not more than 10 years old.
3. No outstanding fees due for a prior CA identification card.
4. DMV verified your name, date of birth, social security number, and legal presence in the US.

Then, you should get an identification card. **Prior to release, speak with your counselor about getting your CA ID.** Identification is in important to get public benefits, housing, and other important necessities.



Gate Money: Many CDCR facilities no longer give cash at the gate release. Instead, they are issuing debit cards as gate money (pictured left). This debit card should have your \$200 gate money, in addition to the money in your trust account. CMF will institute this program soon, though it was unclear in PRN’s discussions with prison officials when that would occur.

Sacramento Greyhound Bus Station: If you do not have someone scheduled to pick you up, you will most likely be taken to Sacramento Greyhound Bus Station (420 RICHARDS BLVD SACRAMENTO, CA 95811). It looks like this:



Sacramento Amtrak Station: The Sacramento Amtrak station is not the Sacramento Greyhound Bus Station. It is located 1.4 miles from the Sacramento Greyhound bus station. It is unlikely you will be able to take a bus from the Sacramento Greyhound Station to the Sacramento Amtrak station, even though train travel may be more comfortable and less expensive. If your correctional officer allows you, walk along Richards Blvd. to N 7th street, and take the GREEN streetcar line south to I street. Get off there, and walk west three blocks to the Sacramento Amtrak. The Sacramento Amtrak is located at 401 I Street, and looks like this:



BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO BAKERSFIELD: To get from the Sacramento Station to **Bakersfield**, purchase a ticket from the clerk at the station. Here is the schedule:

Departing	Arriving	Travel Time	Transfers	WEB ONLY FARE	ADVANCED PURCHASE	STANDARD FARE	REFUNDABLE
03:25 AM Fri, 06/05 + SCHEDULE DETAILS	09:40 AM Fri, 06/05	6H, 15M	0	-	-	-	-
07:35 AM Fri, 06/05 4 Standard fare(s) left at this time. + SCHEDULE DETAILS	02:45 PM Fri, 06/05	7H, 10M	0	-	-	-	-
11:20 AM Fri, 06/05 + SCHEDULE DETAILS	04:55 PM Fri, 06/05	5H, 35M 	0	-	-	-	-
02:40 PM Fri, 06/05 4 Standard fare(s) left at this time. + SCHEDULE DETAILS	08:05 PM Fri, 06/05	5H, 25M	0	<input type="radio"/> \$40.00	N/A	<input type="radio"/> \$46.00	<input type="radio"/> \$53.00
04:15 PM Fri, 06/05 + SCHEDULE DETAILS	11:50 PM Fri, 06/05	7H, 35M	1	<input type="radio"/> \$42.00	N/A	<input type="radio"/> \$48.00	<input type="radio"/> \$55.00
06:45 PM Fri, 06/05 + SCHEDULE DETAILS	01:05 AM Sat, 06/06	6H, 20M	0	<input type="radio"/> \$42.00	N/A	<input type="radio"/> \$48.00	<input type="radio"/> \$55.00
10:05 PM Fri, 06/05 + SCHEDULE DETAILS	04:20 AM Sat, 06/06	6H, 15M	0	<input type="radio"/> \$38.00	N/A	<input type="radio"/> \$48.00	<input type="radio"/> \$55.00

Buses leave at 7:35am; 11:20am; 2:40pm; 4:15pm; 6:45pm; 10:05pm.



They costs approximately \$50.

BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO LOS ANGELES:

To get to **Los Angeles**, purchase a ticket at the Sacramento bus station. Here is the schedule:

Buses leave at 8:10; 11:20am; 2:40pm; 6:45 pm, and 10:05pm.


They cost approximately \$83.

08:10 AM Fri, 06/05 + SCHEDULE DETAILS	03:30 PM Fri, 06/05	7H, 20M	0	-	-	-	-
11:20 AM Fri, 06/05 + SCHEDULE DETAILS	07:25 PM Fri, 06/05	8H, 5M 	0	-	-	-	-
11:20 AM Fri, 06/05 1 Standard fare(s) left at this time. + SCHEDULE DETAILS	09:50 PM Fri, 06/05	10H, 30M	1	-	-	-	-
02:40 PM Fri, 06/05 + SCHEDULE DETAILS	10:30 PM Fri, 06/05	7H, 50M	0	SOLD OUT	N/A	SOLD OUT	SOLD OUT
02:40 PM Fri, 06/05 4 Standard fare(s) left at this time. + SCHEDULE DETAILS	02:15 AM Sat, 06/06	11H, 35M	1	<input type="radio"/> \$52.50	N/A	<input type="radio"/> \$79.50	<input type="radio"/> \$89.50
06:45 PM Fri, 06/05 + SCHEDULE DETAILS	03:35 AM Sat, 06/06	8H, 50M	0	<input type="radio"/> \$56.00	N/A	<input type="radio"/> \$83.00	<input type="radio"/> \$94.00
10:05 PM Fri, 06/05 + SCHEDULE DETAILS	07:15 AM Sat, 06/06	9H, 10M	0	<input type="radio"/> \$52.50	N/A	<input type="radio"/> \$83.00	<input type="radio"/> \$94.00
11:00 PM Fri, 06/05 + SCHEDULE DETAILS	06:20 AM Sat, 06/06	7H, 20M 	0	<input type="radio"/> \$59.50	N/A	<input type="radio"/> \$83.00	<input type="radio"/> \$94.00




BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO SAN DIEGO: To get to **San Diego**, purchase a ticket at the Sacramento bus station. Here is the schedule:

Buses leave at
10:00 am;
11:20am;
2:40pm;
4:15pm;
6:45pm; and
11:00pm.

They cost
approximately
\$100.

08:10 AM Fri, 06/05 + SCHEDULE DETAILS	06:45 PM Fri, 06/05	10H, 35M	1	-	-	-	-
10:00 AM Fri, 06/05 + SCHEDULE DETAILS	01:30 AM Sat, 06/06	15H, 30M	2	-	-	-	-
11:20 AM Fri, 06/05 + SCHEDULE DETAILS	11:25 PM Fri, 06/05	12H, 5M	1	-	-	-	-
02:40 PM Fri, 06/05 + SCHEDULE DETAILS	01:30 AM Sat, 06/06	10H, 50M	1	SOLD OUT	N/A	N/A	SOLD OUT
04:15 PM Fri, 06/05 + SCHEDULE DETAILS	05:15 AM Sat, 06/06	13H, 0M	2	<input type="radio"/> \$103.50	N/A	<input type="radio"/> \$103.50	<input type="radio"/> \$116.50
06:45 PM Fri, 06/05 + SCHEDULE DETAILS	06:45 AM Sat, 06/06	12H, 0M	1	<input type="radio"/> \$107.50	N/A	N/A	<input type="radio"/> \$116.50
11:00 PM Fri, 06/05 + SCHEDULE DETAILS	09:45 AM Sat, 06/06	10H, 45M 	1	<input type="radio"/> \$107.50	N/A	N/A	<input type="radio"/> \$116.50

BUSES FROM MADERA GREYHOUND BUS STATION TO THE BAY AREA: To get to **Oakland**, purchase a ticket at the Sacramento bus station. Here is the schedule:

07:30 AM Fri, 06/05 + SCHEDULE DETAILS	09:35 AM Fri, 06/05	2H, 5M	0	-	-	-	-
08:45 AM Fri, 06/05 + SCHEDULE DETAILS	10:15 AM Fri, 06/05	1H, 30M 	0	-	-	-	-
10:00 AM Fri, 06/05 + SCHEDULE DETAILS	12:05 PM Fri, 06/05	2H, 5M	0	-	-	-	-
11:30 AM Fri, 06/05 + SCHEDULE DETAILS	01:00 PM Fri, 06/05	1H, 30M 	0	-	-	-	-
03:00 PM Fri, 06/05 + SCHEDULE DETAILS	04:30 PM Fri, 06/05	1H, 30M 	0	<input type="radio"/> \$13.50	N/A	<input type="radio"/> \$21.00	<input type="radio"/> \$26.00
04:15 PM Fri, 06/05 + SCHEDULE DETAILS	05:45 PM Fri, 06/05	1H, 30M 	0	<input type="radio"/> \$16.50	N/A	<input type="radio"/> \$22.00	<input type="radio"/> \$27.00
05:30 PM Fri, 06/05 + SCHEDULE DETAILS	07:35 PM Fri, 06/05	2H, 5M	0	<input type="radio"/> \$14.50	N/A	<input type="radio"/> \$22.00	<input type="radio"/> \$27.00
07:00 PM Fri, 06/05 + SCHEDULE DETAILS	08:30 PM Fri, 06/05	1H, 30M	0	<input type="radio"/> \$15.50	N/A	<input type="radio"/> \$22.00	<input type="radio"/> \$27.00
11:30 PM Fri, 06/05 + SCHEDULE DETAILS	01:00 AM Sat, 06/06	1H, 30M 	0	<input type="radio"/> \$15.50	N/A	<input type="radio"/> \$22.00	<input type="radio"/> \$27.00

Busses leave at
8:45am; 10:00am;
11:30am; 3:00pm;
4:15pm; 5:30pm;
7:00pm; 11:30pm.

Tickets cost
approximately \$15.

TRAVEL IN THE BAY AREA USING BART: Once you are in Richmond, you can transfer to Bart. **BART** stands for Bay Area Rapid Transit. BART operates five routes on 104 miles (167 km) of line, with 44 stations in four counties. With an average of 373,945 weekday passengers, 176,616 Saturday passengers, and 119,247 Sunday passengers in January 2013. The BART logo looks like this:



BART CARD: This a BART card (pictured right). Insert it into the turnstile (pictured below) on both entry and exit.

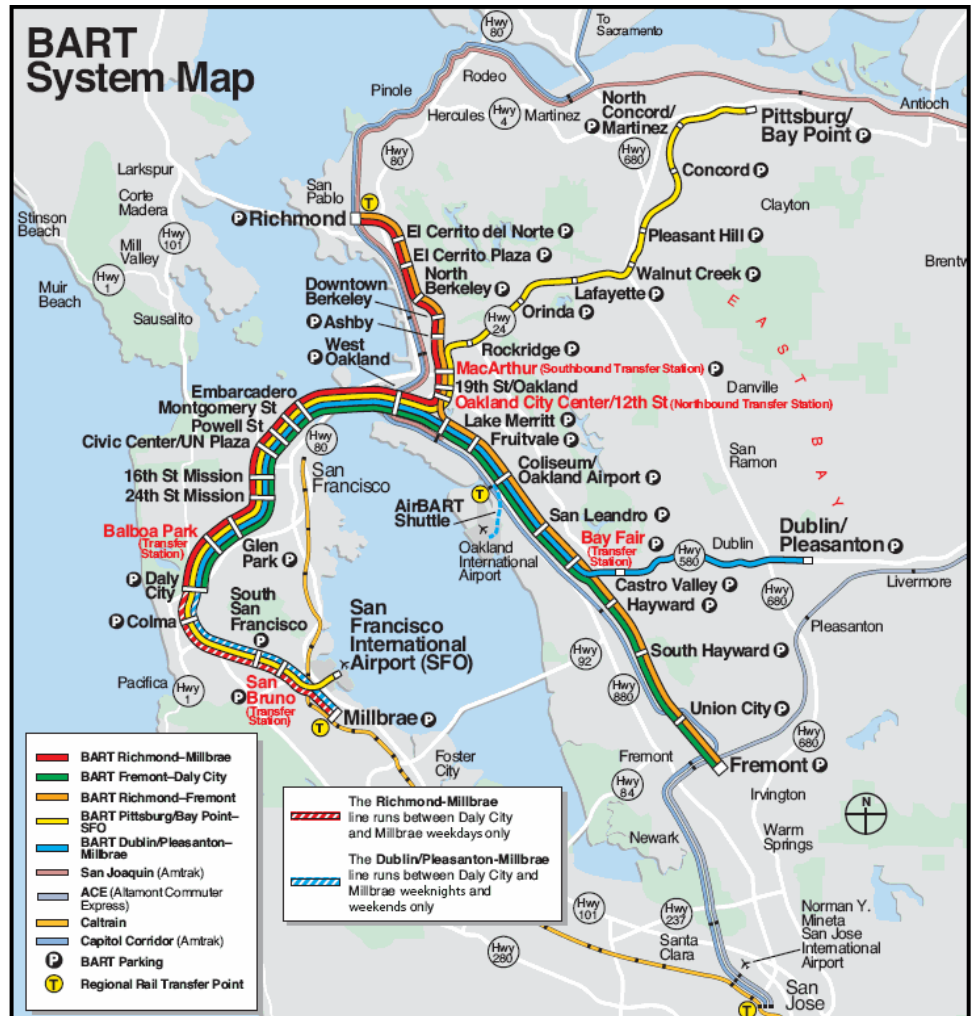


Stephen Lam / The Chronicle



Once you exit, the funds are removed based on the length of your travel. You can know how much money remains on your card by looking next to the arrow, where the remaining amount is printed.

The BART system is complicated, but you can get to most destinations in the Bay Area.



PURCHASING TICKETS AT AN AMTRAK STATION USING A TICKET MACHINE

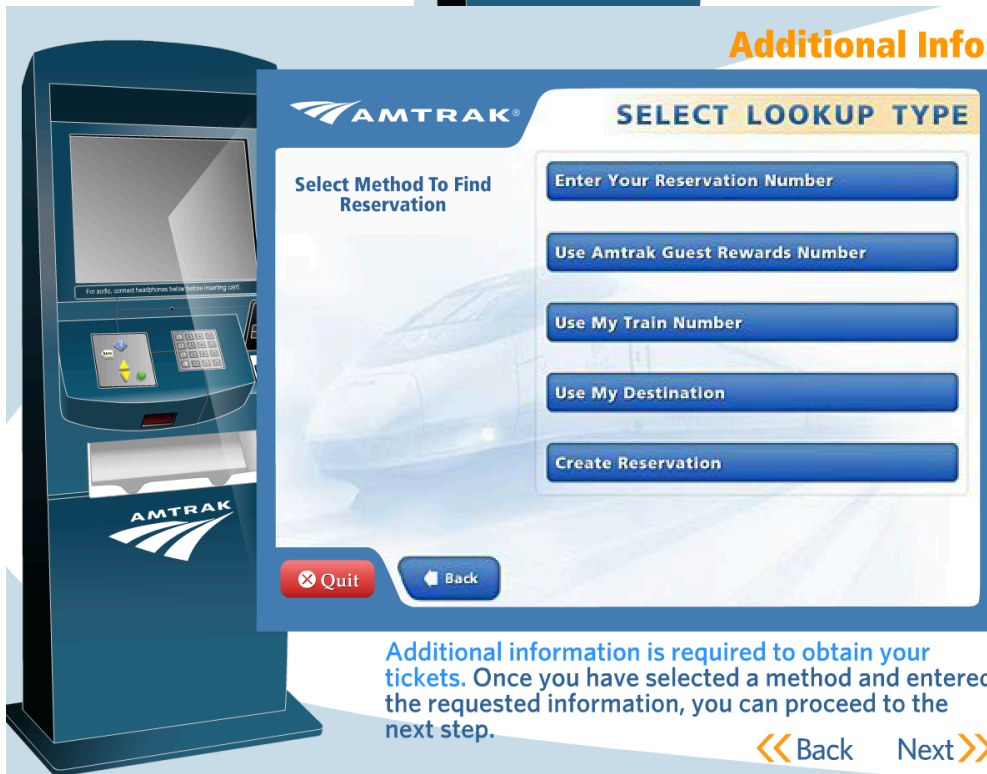
If you make it to an Amtrak station, there may be an electronic kiosk where you can purchase bus and train tickets (pictured left). Make sure you buy a ticket **all the way to your final destination**, rather than purchasing separate tickets for each leg of the journey.

The Quik-Trak machine uses a touch screen. To purchase tickets using the Quik-Trak Machine, follow these instructions:



Additional Info:

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Step 2: Touch “Create Reservation” and select the location where you would like to go, and when.

Additional information is required to obtain your tickets. Once you have selected a method and entered the requested information, you can proceed to the next step.

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Step 3:

AMTRAK

REVIEW YOUR ITINERARY

Name: Jonathan Turnipseed Res No: 034856

ORIGIN	DESTINATION	TRAIN	DATE	TIME
Boston, MA	New York (Penn), NY	2155	21 Apr	7:55A
New York (Penn), NY	Philadelphia, PA	95	25 Apr	10:35A
Philadelphia, PA	Boston, MA	2154	28 Apr	8:30A

Fare Rules
Refund fee may apply.

Total: \$68.00

Buttons: Enter Amtrak Guest Rewards, Change First Train, Enter Reservation Number, Cancel Reservation, Print Tickets (highlighted), Quit, Back.

Review the information displayed on the Review Your Itinerary screen. Select the **Print Tickets** button. Your printed ticket will appear in Ticket Dispenser after processing.

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Step 4:

AMTRAK

AMTRAK 01 02 C7D3F1

MEM. CARDHOLDER

WASHINGTON, DC

CHICAGO, IL

WASHINGTON, DC 2154 08NOV01 0700A

CHICAGO, IL 2154 08NOV01

VALID PHOTO ID REQUIRED

\$182.00

Once your ticket has been dispensed, sign your name after the "X" on the top left side. You are now ready to board.

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EMERGENCY SERVICES

These service providers can help you in the event of a problem:

<p>SACRAMENTO: For all services, dial 2-1-1 on any phone. Emergency Shelters for men:</p> <p>Union Gospel Mission 400 North Bannon Street, Sacramento, CA 95814 Ph. (916) 447-3268 Provides a seven 7-night stay for single men. Be there at the black metal gate by 5:30 p.m. for a <i>first come/first serve</i> basis. You can have 7 nights in, then stay out for three nights, and come back for 7 more days. Preference usually given to "first timers" or new people, so let the staff know if this is your first time.</p> <p>Salvation Army 200 North B Street, Sacramento, CA 95814 Ph. (916) 442-0331 x0 Emergency shelter provided for single men or women only. You must be at their B street lobby at 1:00 p.m. for placement onto the waiting list. Offers a 30 to 60 day shelter assisting in employment and housing independence.</p> <p>Adult Shelter VOA 1400 North A Street, Building B, Sacramento, CA 95814 Ph. (916) 448-5507 You must show up the first time to have your name placed on the waiting list. Check in each day 9:00 a.m. to 12:00 p.m. - Intake is at 1:00 p.m. Call in each day for check-in after your name is on the list. When your name is close to the top, then show up or if you call in the staff will tell you to show up if you may receive a bed space.</p>	<p>OAKLAND</p> <p>Food: Alameda County Community Food Bank Call 510-635-3663 to get registered to pick up food. Their address is 7900 Edgewater Drive Oakland, CA 94621</p> <p>Shelters: Dial 2-1-1 on any phone, and someone will direct you to a shelter. Also try:</p> <p>City Team 722 Washington St., Oakland, CA. 510.452.3758 and wait to dial 26</p> <p>Healthcare: Dial 9-1-1 if it is an emergency. 1411 E 31st St, Oakland, CA (510) 437-4800</p>
<p>LOS ANGELES: For all services, dial 2-1-1 on any phone.</p> <p>Shelters: Year Round Emergency Shelter (800) 548-6047, TTY: (800) 660-4026</p>	<p>SAN FRANCISCO</p> <p>Food: Glide serves over 1,000 meals daily. Glide Memorial Church 330 Ellis St. 415-674-6000</p> <p>Shelter: Dial 2-1-1 on any phone, and someone will direct you to a shelter.</p> <p>Healthcare: Dial 9-1-1 if it is an emergency. San Francisco General Hospital 1001 Portrero Ave. San Francisco, CA 94110 415-206-8000</p> <p>SAN DIEGO: For all services, dial 2-1-1 on any phone.</p> <p>BAKERSFIELD: For all services, dial 2-1-1 on any phone.</p> <p>Shelter and Food: Bakersfield Homeless Center 1600 East Truxtun Avenue, Bakersfield, CA (661) 322-9199</p>